

THE AUSTRALIAN FLUORIDATION NEWS

ARTIFICIAL FLUORIDATION
IS WATER POLLUTION



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Celebrating 50 Years, An Historic Perspective

The Australian Fluoridation News, now 50 years old, has tapped into the growing undercurrent of unrest regarding the policy of forced medication with hazardous industrial fluoride wastes.

While continuing for 50 years in any endeavour can be considered a victory in itself, in this case it's also a travesty that fluoridation has continued and even gradually expanded in that time.

Without such a publication, more communities would likely have been forced to fluoridate more quickly. On the one hand, we can be proud to acknowledge that we're still going, and on the other, there's work still to be done. We now look to the origins and just a few events, accomplishments and changes in these 50 years.

The Australian Fluoridation News - Aqua Pura, was founded in June, 1963:

"To disseminate knowledge of fluorides as an additive to town water supplies."

The first paragraphs of a letter accompanying the first issue, Vol. 1, No.1, June 1963, by Robert (Bob) Fulton, the founding editor, stated:

"This is the first issue of 'AQUA PURA', a journal which it is hoped to produce monthly on behalf of the people of Australia. The object is to disseminate knowledge of fluorides as an additive to town water supplies. It is hoped this knowledge will do much to preserve our democratic way of life by preventing our bureaucratic little Hitlers from further experimental mass medication of the Australian public."

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"At present the same struggle is going on between the governments and the people in many democratic countries to prevent themselves being managed, body and soul, by their respective governments. The struggle is to enable man to retain his dignity by preserving his right to make his own choice as to what he shall do or not do consistent with the welfare of his neighbour."

"As only a healthy body can produce healthy teeth, it is intended to produce articles on general health with the purpose of creating a wider interest and thus gaining a larger reading public. It is hoped that this publication will become the official organ of the Anti-Fluoridation Campaign circulating throughout Australia and New Zealand until the right of freedom of choice is won for all."

An editorial included the statement:

"Those who wish to put fluoride in the water to sluice gutters, washing cars and watering gardens in order to dose a very small percentage of the population in a haphazard manner, are certainly not promoting scientific methods."

The same statement is equally applicable today, half a century later. Under the heading "The People Don't Want It", an article included the statements:

*"The issue is not whether the fluoridation of public water supplies is good or bad, but **whether the people want it.**"*

"This proposal cuts right across the inalienable right of every citizen to sustain his own body as he deems fit, and has provoked world-wide resentment."

"When given a vote, 2,364 American communities rejected it and 174 have reverted to pure water. Norway, Sweden, Denmark, France, Italy, Belgium, Holland, Germany, Spain, [and] Portugal, have all turned it down and Russia, which is not backward where science is concerned, will have none of it, neither will India, China nor Japan."

"In Britain, Andover and Kilmarnock have both gone back to pure water and no more than 300,000 people are now drinking fluoridated water in the whole of Europe."

"In the only two areas in this State where the people were given a vote, Tenterfield and Albury, it was overwhelmingly rejected..."

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**Celebrating 50 Years, An Historic Perspective
Reproduction of First Issue (June 1963)**

"It needs little "nous" to see there are powerful and sinister forces behind this campaign, and that "childrens' teeth" is the alibi and not the "objective." It was no coincidence that immediately it was made known that Australia holds 37 per cent of the world's known bauxite deposits, and that the Aluminium Combine intended to set up a £400 million industry here, this fluoridating campaign was let loose on an unsuspecting public."

Fluoridation Rejected by Sydney Water Board

The leading article of the first issue quoted a resolution of the Sydney Metropolitan Water Board, passed on 29th May, 1963, which stated in part:

"The Board considers that its responsibility is to provide a pure water supply, and that there are serious difficulties in making a decision on what is basically a medical/dental question.

"Members of the Board, and its staff, have, however, spent a considerable time examining a large quantity of material for and against fluoridation of public water supplies.

"The Board is neither a medical nor a dental authority, and so long as there is the slightest doubt on the question, it considers that it should not be required to make a decision on the compulsory administration of fluoride to 2,500,000 people.

"It also considers that, although compulsory mass fluoridation has been found legally defensible in North America, so long as there is significant controversy about it there is a strong moral consideration for giving individuals the freedom of choice, e.g. the option of taking fluoride in tablet form.

... there is a strong moral consideration for giving individuals the freedom of choice, e.g. the option of taking fluoride tablets.

- Sydney Metropolitan Water Board

"The Board believes that, for the present at least, these views are supported by the facts that many countries have either rejected compulsory mass fluoridation, or not yet adopted it; that many cities have adopted it and then abandoned it; and that others are insisting on further investigation before making any decision."

A Little Bit of History

Bob Fulton was a retired schoolteacher, living in Toronto, a small town south of the Hunter River and Newcastle, NSW. He remained as editor for over 17 years, except for two trips overseas at his own expense to meet and discuss fluoridation with doctors, dentists and scientists who had extensive knowledge of fluorides and fluoridation and were opposed to the scheme. For example, he met Dr Hans Moolenburgh on one trip, his appearance in The Netherlands mentioned in *Fluoride: The Freedom Fight*. He retired as editor with publication of the December-January issue of *Aqua Pura*, Volume 16, No.12, 1980-81.

On page 3 of that first issue, under the above heading, he stated:

"The idea of having our own paper was originated by the President of the Hunter and District AFA [Anti-Fluoridation Association], the late Stan Morrow. The idea

was the child of necessity, as we could not get publicity through the media.

"Accordingly, your retiring editor published the first issue in June, 1963 at his own expense. The venture was applauded by all present, who decided there and then to support it.

"From that day onward 'Aqua Pura' continued to increase its field of influence until copies were distributed throughout Australia, New Zealand, South Africa, Pakistan, Argentine, USA, England and various countries in Europe. Argentine and Pakistan reciprocated with their dental journals."

Further details of that history are included in the reproduction of that June 1963 issue, republished herewith.

50 years without proof of safety

Bob Fulton sought information from across the country and overseas. A response to one of his letters by the American Dental Association (13 May 1965) stated:

"The American Dental Association is not prepared to state that 'no person will be harmed by water fluoridation'. The American Dental Association has not carried out any research work, either long-term or short-term, regarding the possibility of any side effects."

In these 50 years, the ADA, AMA (in Australia and the United States), the National Health and Medical Research Council (NHMRC) and various Health Departments have never provided the proof of "safe" or "effective". Instead they have relied on the power of authority: "Trust us, we're experts". And so it's been authoritarian medicine, wherever they can get away with it.

Australian Pensioners Vote Against Fluoridation

The following issue's leading article, Vol. 17, No.1, February-April, 1981, reported on a decision by the Pensioners Associations of Australia demanding their inalienable right to "freedom of choice" and the treatment of their own body.

"At the Australian Pensioners Federation Conference, Canberra, May 1981 the Federation endorsed the Resolution passed at the Victorian Conference, 4 April 1981.

"The Pensioners Associations of Australia demand their inalienable right to "freedom of choice" in the treatment of their own body.

"The Resolution as endorsed reads as follows:-

"REPORT ON STATE CONFERENCE, CPAV, Item 72 of Agenda, 150 voters.

"The following resolution was passed at our State Conference on the 30/4/81.:- Believing as it does in the rights of citizens to health and security this State Conference calls upon the State Government to stop forcing Sodium silicofluoride upon the Victorian people. As an organisation which placed a submission before the Committee looking into the matter we condemn the action of Mr Hamer in changing the terms of reference by the addition of the word scientific. This word was not in the Government's advertisements and its inclusion later effectually gagged those people and organisations which were deemed to be not scientific. A copy of this resolution and addendum be sent to Mr Hamer and Mr Wilkes, Leader

of the Opposition in the State House without delay. (Addendum that we object most strongly to any industrial waste being in the water.)

"CARRIED with 3 dissenting.

In a democracy people MUST have a free choice!

Points made were as follows:-

1. Measure Hitlerian in concept. Hitler medicated people against their will: In a democracy people MUST have free choice!
2. People who wish to take this can take it in tablet form. They should not force it upon those who do not want it.
3. Tasmanian Royal Commission found that probably 10 per cent of children would suffer Dental Fluorosis as a result of variables in drinking habits.
4. The hideous nature of such teeth.
5. The danger of malfunctions in the water pipes. Cutting from local paper.
6. That the additive IS a poison as shown on a Four Corners programme when showing the addition to the water supply of sodium silicofluoride. The large Black letters across the bag POISON also Skull & Cross-bones. The Gas Masks used by the men on job to prevent inhalation of possible lethal dose of this potent poison."

The Australian Fluoridation News

Glen S. R. Walker became editor in 1981. He was a resident of Brighton, Melbourne, and had attended meetings of The Anti-Fluoridation Association of Victoria from 1973, later becoming chairman of that organisation. He enhanced Aqua Pura's title to include "The Australian Fluoridation News", to more closely reflect the widespread distribution of the journal throughout Australia, as well as overseas, and the only Australian journal dealing specifically with information on fluoridation of public water supplies.

An article by Ian E. Stephens followed in the journal and was headed:

'BAD for Pigs, BAD for Rabbits, BAD for Irishmen, GOOD for Australians

"When the Chairman of the Anti-Fluoridation Association asked me to do an article for Aqua-Pura, I wondered just what one could say further to people already dedicated to purer aqua, on the subject. However so controversial, so vast and awesome are the implications of fluoride pollution, be it inadvertently or legislatively absorbed, that within a day or two of the request, new and revealing evidence against, the 'favoured pollutant' came to light in one small paragraph of the Sydney Morning Herald of April 29th, 1981:

"BELFAST, Tuesday - As the life of the hunger-striker MP, Bobby Sands, continued to ebb away today, prison authorities were considering plans to move him to a hospital outside the Maze jail.

"Sands can no longer hold down tap water because of its fluoride content and is drinking spring water on this the 59th day of his fast."

"It is no surprise to those aware of the potential of fluoride for physical harm, that Sands could 'not hold down'

fluoridated water. It is surprising, however that the authorities acknowledged the problem after reasonably early recognition and made a swift change to unadulterated water. This piece of news should be of concern to all Australians, but particularly Victorians who live in a state of compulsory fluoridation but where no daily newspaper saw fit to print the item, much less make specific reference to its great importance.

"So then, fluoride is BAD for Irishmen. What else is new? We know of the United States Department of Agriculture edict that 'fluorine (fluoride) not be added to the water or feed of brood sows because it did something to the pigs that were unborn'. We also know from a congressional inquiry report that such a restriction was not extended to humans, because 'there is more money available (to investigate) matters of economic value than there is for health'. Some may have read the claim of a Traralgon farmer who remembers the warning in the label of a pig de-wormer containing Sodium Fluoride. 'Do not administer to a pig more than three times in a lifetime.'

... warning in the label of a pig de-wormer containing Sodium Fluoride. "Do not administer to a pig more than three times in a lifetime."

"So fluoride, it seems, is also bad for pigs. What may be 'new' to many, especially city dwellers, is found in the pages of Martindale, one of the most authoritative and renowned drug and poison compendia. Under the heading of Fluoroacetamide (Compound 1081) and Sodium Fluoroacetate (Compound 1080) we read that both of these well-known rodenticides are 'highly toxic to animals and man, having similar toxic effects to those described under Sodium Fluoride'. So this enforced medication is a close chemical cousin to the devastating rodent killer 1080, which is extremely bad for rabbits. Despite the indictment implicit in the above, we still have an official Government Inquiry producing at considerable public expense, a document that is contrived, and the fullest meaning of the word is intended, contrived to persuade us that the fluoridation is GOOD for us in that the fluoride will, if taken in the quantities suggested improve the quality of our teeth. Quantities which are acknowledged by the Committee of Inquiry to be dangerously close to the claimed toxic doses.

"Considering the questionable integrity of the entire Report document, the public would be well advised to accept the small risk of FALSE teeth rather than the certain dangers inherent in the belief of any part or claim in that publication. Particularly the totally FALSE declaration that fluoride is GOOD for Australians."

Tours, Talks, Articles

Having attended his first meeting of The Anti-Fluoridation Association of Victoria from 1973, Glen Walker was brought along by his wife Mary. At first reluctant to be involved, Glen was not to know that nine years later he would publish a 450 page book "Fluoridation: Poison on Tap" and subsequently spend so many years editing and writing for *The Australian Fluoridation News*.

Glen also toured to fluoridation hotspots, even interstate, and gave lectures at community venues, sometimes along with other knowledgeable scientists and informed lay people. On one occasion prior to 1991 in Deniliquin, Glen, with good friend and dental researcher Dr Phillip Sutton and Dr Mark Diesendorf walked into the hall ready for the evening's presentation. When the fluoride promoters saw who had walked in, they packed their things and left immediately! From past experience, they knew they had no hope of conning the townsfolk.

Those promoting artificial fluoridation don't like to be shown up for their shoddy unscientific platform. It's hard for them to argue convincingly that fluorides are good for anyone, when knowledgeable people can show the holes in the pseudo-scientific fluoridation scam. So for that reason, debates have been rare: the truth scares fluoride promoters.

Changes over 50 years

Many people either suspect or know for sure that fluoridation is not what it is claimed to be. Advent of the Internet has allowed people to more readily research and choose for themselves what to believe, rather than seeking out information from libraries, etc. We have the opportunity to check and triple check information from many sources, apply logic and common sense, to distinguish truth and fiction. "Following the gravy train" is now easier.

Pro-fluoridation interests have continued to influence political party policies, regardless of whoever the political leaders are. The heroes of anti-fluoridation groups have all stood for freedom of choice in their own unique ways. As we all get older, renewal is necessary, time for new generations to discover the truth of fluoridation and stand to end the crime of mass medication with toxic and cumulative industrial fluoride wastes.

While you can, get involved, do what you can, become informed and spread the information for the benefit of all and as a contribution toward the inevitable end of forced fluoridation.

The Future

The Australian Fluoridation News will continue to provide fluoridation information in various forms, across Australia and overseas, seeking to further expand the awareness of the cumulative, toxic effects of artificial fluoridation and to campaign for its removal from our drinking water supplies.

The Australian Fluoridation News has helped to keep fluoridation out of many towns, slowing the uptake of forced mass medication, increasing awareness around the country and saving lives.

But please don't depend on others, nor underestimate the little things we can all do. Instead treasure the little things and build them up into bigger and bigger things in your community. Do what you can to minimise harm from fluoridation, and even reverse damage caused where possible. Have faith, pray if you do. Take action. Alter who you are, to stand for freedom of choice, and speak up and circulate information wherever you can, a little or lot, and increase that when possible.

A future edition of *The Australian Fluoridation News* will contain a more detailed article on future directions.

Conclusion

The Australian Fluoridation News is now over 50 years old. Turning 50 is both a tribute to all who have been involved over the years, readers and contributors alike, as well as sad in the sense that this compulsory toxic industrial 'medicine' is still enforced and affecting so many. Yet the response within these pages remains that artificial fluoridation will end and people will know that the fluorine element is detrimental to life.

We can be proud to acknowledge that we're still going, and that there's work still to be done.

The response within the pages of the AFN is one of standing for humanity and for truth.

We thank all fluoride-aware supporters, for their time, money, effort and willingness to stand up for what they believe in.

Quotes:

Glen Walker: (*The Moree Champion*, 30 June 1987)

"On the matter of fluoridation, some councillors [and MPs] are listening to a voice against the wishes of the people they represent, and it really takes some understanding, because that is known as political suicide."

Glen Walker: (Colac address, 1989)

"It's nice to know that each day all you people are being drugged by the wonderful politicians... just concentrate on remembering - everyday you are drugged; you are drenched with a drug, and it helps you to understand it a lot better if you can remember the word 'drug' rather the chemical's name itself."

Carl Sagan:

"One of the saddest lessons of history is this: If we've been bamboozled long enough, we tend to reject any evidence of the bamboozle. We're no longer interested in finding out the truth. The bamboozle has captured us. It is simply too painful to acknowledge - even to ourselves - that we've been so credulous."

Dr David Hawkins:

"We change the world not by what we say or do, but as a consequence of what we have become."

Subscriptions: *The Australian Fluoridation News*

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