

THE AUSTRALIAN FLUORIDATION NEWS

ARTIFICIAL FLUORIDATION
IS WATER POLLUTION



GPO Box 935, Melbourne, VIC 3001
www.fluoridationnews.com

FB: Australian-Anti-Fluoridation-Association

PLEASE PASS ON WHEN READ

Vol 54
No. 1

\$20 per annum posted Australia
Published Quarterly

January - March
2018

Print Post Approval
PP331.985 00013
ISSN 1445-2847

Western Australia:

Kununurra told: “With the Fluoridation Act... you have no democracy”

The notorious Western Australian Fluoridation Promotion Committee has toured Kununurra in northern Western Australia and confirmed that fluoridation is imposed undemocratically. The Committee demonstrated this is a centrally enforced policy by announcing that the Health Minister has already made his decision to fluoridate and that there was nothing the residents could do about it, despite a groundswell of residents signing the petition to stop the addition of fluoride chemicals.

The Kununurra community collected over 800 signatures on the petition by August 2017 to stop the fluoridation plans. This is a significant proportion of the community, as only 1039 voters participated in the last local council election in Kununurra.

The local shire council responded by passing a motion 30 to 10 to request a halt to the “plans to fluoridate water in Kununurra” until a community forum could be held.

Unlike with the Carnarvon campaign in 2011-12 (AFN 2012), the local Kununurra MP did not join the campaign. Following the well-supported Kununurra petition, there are big questions about whether their MP is actually representing their constituents and whether they will retain their seat.

Kununurra already has natural fluoride

Kununurra has up to 0.45 ppm (parts per million) of naturally-occurring fluoride already, which is a concern, and the Committee recommended it be increased to 0.60 ppm.

Given the hot and humid climate and high consumption of water, up to 10 litres per day, this extra fluoride containing industrial contaminants is an undesired burden.

Fluoride accumulates in the body, especially in the teeth, skeleton (e.g. spine) and some soft tissues (kidneys, bladder), so over time, even small amounts build up causing all manner of health issues. (Pain 2017a). Fluoride poisons enzymes, is toxic to cells and various body processes and is carcinogenic.

The Secret Committee

The Committee, also sometimes referred to as the Fluoridation Advisory Committee, has only two members that

are named publicly: the former politician and soon to retire chairman, Richard Lugg and the secretary, Richard Theobald, both of whom attended the community forum.

The other secret Committee members are nominated by the AMA, the ADA and WALGA (WA Local Government Association) but who those members are is not disclosed.

The lack of accountability and transparency of this Committee makes it hard to see if they’re following all the steps or cutting corners. Or if the “Process” itself is designed to point toward the pre-determined conclusion of “dump fluoride wastes at this location too”.

The Community Consultation Process

The WA government committee has their “Process” that they follow, as outlined by Dr Geoff Pain:

“The ‘Community consultation’ process is as follows: - a small advertisement is usually placed in the local paper calling for a meeting in the targeted town. Few people see the advertisement and the meeting is usually held at a time that is inconvenient for most people, so few people attend except for dentists and health department officials and employees who probably receive direct invitations. The Committee decide, based upon the number of people attending, what the level of community support for fluoridation may be. There is no time given for the community to find out about the

CONTENTS

Kununurra told: “Fluoridation Act... no democracy”	1
Fluoride is not only pointless, it’s a health risk	2
Brief News: USA Legal Action; Dandenongs; Port - Macquarie; Nature: Thyroid; Petitions (States & Cth)	4

issue, no public debate and no local vote on such an important health and civil rights issue.” (Pain 2017b)

The meeting venue can be ludicrously big: a stadium, an indoor basketball centre, somewhere far too big with plenty of echo, inappropriate for the number of attendees, and where average people may not be used to being on the court like the so-called “authorities” are.

Earlier Kununurra Meetings

The Fluoridation Promotion Committee has the minutes of a 2010 meeting that was not advertised and so only had nine attendees, most of which were local dental professionals. All attendees had supported fluoridation, yet that was regarded as part of the community consultation!

In 2016, at a forum in Kununurra which this time was advertised, the Committee told the residents they would be fluoridated, whether they liked it or not. Yet forced fluoride dosing does not mean that informed consent was ever given.

The November 2017 Meeting

The committee’s track record shows it has a job to do: to promote the distribution of the phosphate fertiliser fluoride wastes to communities under the guise of public health.

The Committee neglected full disclosure of the nature of the added “fluoride” and the other contaminants, such as arsenic, beryllium, lead, chromium and mercury. The fluoride planned to be used is unrefined industrial waste from Wesfarmers’ CSBP phosphate fertiliser works.

The Committee dodged questions with bureaucratise and attempted to spin the real nature of fluorides into fairytales.

Secretary Theobald detailed the travel history of the last ten years around the state, where they have tried to convince people that their water will have “fluoride” added to it and that there was nothing much they can do.

Part way through the meeting, Theobald stated emphatically, with what appeared to be totalitarian behaviour, that nothing further could be done:

“That is the process that we did... That is history. It is done. The process has been done”

From the audience came a request to “do a survey!”

Theobald responded: “We don’t need to, the Minister has made the call.”

Reacting to another response in the audience that “we don’t have a democracy”, Theobald said:

“Read the Fluoridation Act, and in actual fact, you have no democracy in the Fluoridation Act, that was how the Act was written.”

“You have no democracy in the Fluoridation Act, that was how the Act was written.”

- Committee Secretary, Richard Theobald

These events, as with previous ones elsewhere, are facilitated to allow residents to vent their anger, blow off steam, and then tell them they can’t do anything, hoping to demoralise them and have the community give up.

The Committee don’t want to be held responsible for poisoning of whole populations with industrial waste. As revealed at the meeting, the WA Fluoridation Act removed any liability for those involved in poisoning people. This is just Statute Law, so it may not be as ‘set in stone’ as they hope.

At various times in the meeting, the community outrage is palpable at other times the audience is incredulous at what they are hearing. At one point a man in the audience says:

“This is just like Yes Minister. Like Sir Humphrey. You can talk around, around and around. Listen to the people. You are not listening to us about what is happening here.”

Promoters’ Reliance on NHMRC endorsement

The Fluoridation Promotion Committee are quick to cite the endorsements of the National Health and Medical Research Council (NHMRC), Australia’s “peak” medical body.

Merilyn Haines, from *Queenslanders for Safe Water, Food and Air* joined the meeting by phone:

“What people should know is that the NHMRC, when they did their review, they stacked the fluoride review committee two thirds full with known fluoridation lobbyists and supporters. They should also know that when the 2016 Cochrane Collaboration review on fluoridation didn’t deliver a convincing pro-fluoridation position the NHMRC then secretly commissioned a new study on general [health] effects, previously listed as out of scope.

“The NHMRC in the review first misled about knowing about a new large UK thyroid study by Peckham et al. And then they dismissed its findings and they reached the false position that there is no evidence that fluoride interferes with thyroid function.

“The NHMRC also has falsely claimed that fluoride does not reduce IQ. This was based on a low quality IQ study out of New Zealand, in Dunedin and they actually claimed it was a high quality study. This study had something like nine hundred kids in a fluoridated area and went from a hundred kids in a non-fluoridated area. They said there was no difference in IQ. But half the kids in the non-fluoridated area were taking fluoride tablets. They were getting the same amount of fluoride as if they were drinking fluoridated water. This study did not have the scientific power to determine whether there was a difference in IQ or not. Especially they didn’t take things into account like the amount of lead in the drinking water and the [inaudible] IQ and other confounders as well.

“The NHMRC downsized, dismissed or excluded most other IQ studies. At least 50, and other evidence of fluoride’s neurotoxicity. They even ignored the 2012 Harvard University systematic review. On flimsy grounds the NHMRC excluded a significant 2015 study linking fluoridation to ADHD.”

The Promotion Committee used the standard NHMRC gloss-over responses, hoping that people would trust them as experts.

The Stolen Fluoridated Generations

Dr Geoff Pain points out that indigenous people make a significant proportion of the Kununurra community. He also illustrates that fluoridated water adversely affects indigenous populations:

“An early study [Kailis 1970] by dentists in Carnarvon showed that 81% of the aboriginal children showed signs of fluorosis whereas 45% of non-aboriginal children had some dental fluorosis from the existing Fluoride contamination of groundwater. This would indicate that the Aboriginal population in Western Australia is more susceptible to the toxic effects of fluoride and this probably relates to their known smaller kidneys and nephron number.” (Pain, 2017b)

It's all well and good to say sorry, but right here we have another atrocity being perpetrated on indigenous people. **Given past history, indigenous Australians may readily consider artificial water fluoridation to be just another scam!** And given the considerable number of petitioners in Kununurra, it's quite possible the spreading of this awareness is well underway. In the face of what could be demoralising, Australians must stand strong together and spread the word.

Conclusion

When did you give your government permission to add a known toxic pollutant to your drinking water to "medicate" you every day for the rest of your life?

The late anti-fluoridation campaigner Glen Walker said that "people in fluoridated areas are walking waste disposal units for phosphate fertiliser factories". (AFN Oct-Dec 2011)

Attitude is crucial, whether or not your area is fluoridated. Maintaining a cynical, negative, disillusioned outlook (and consequently giving up) is what the promoters would want, so that people stop questioning and holding those promoters to account for their decisions and actions.

We'll continue questioning and exposing fluoridators until the sordid fluoride gravy train derails into the fluoridated phosphate fertiliser swamp.

The challenge for us all is to rise above fear and doubt, and to collaborate and create positive, beneficial outcomes for all, where people choose for themselves. There are better ways to healthy teeth. For example: good nutritious food, clean water and dental hygiene without toxins.

It's important to remain connected to the issue, even in communities force fluoridated, where it might appear to be "over". This thinking that it's "over" comes from the "divide and conquer" tactics, but it's not over until it's removed.

We all make a difference, whether or not we know it. Apart from the times we need to take a break to replenish, it's important to remain involved in community (local and distant), contributing to the inevitable result that all artificial water

fluoridation schemes will be swept away in a cleansing flood of common sense. We request that you be part of causing this.

One of the Fluoridation Promotion Committee's likely worst nightmares would be that people see through their Committee's decisions and actions for what they really are – attempts to brutalise, force and dictate mass medication with toxic phosphate fertiliser fluoride wastes on everyone.

"More people are becoming aware of the history, science and political skulduggery of fluoridation... and exposing the fraud and corruption in their own locations"

Another likely nightmare for the Committee would be that due to the Committee's decisions and actions, more and more people are becoming aware of the history, science and political skulduggery of fluoridation. People in increasing numbers are becoming committed to speaking up and exposing the fraud and corruption in their own locations, joining with others in their neighbourhoods and internationally, a little at a time, for the benefit of all.

References

- Australian Fluoridation News, 2011, Vol. 47, No. 4, Oct-Dec 2011, "Carnarvon and the Fluoride Salesmen", p 8-9.
- Australian Fluoridation News, 2012, Vol. 48, No. 3, July-Sept 2012, "Carnarvon Remains Free From Artificial Fluoridation", p 1-2.
- Kailis DG, Silva DG. 1970. Occurrence of Dental Fluorosis in Australian Aboriginal Children Resident in Carnarvon Western Australia. Australian Dental Journal 216-224.
- Pain, GN. 2017a. A Quick Guide to Fluoride Harms, https://www.researchgate.net/publication/318876264_A_Quick_Guide_to_Fluoride_Harms
- Pain, GN. 2017b. Kununurra Targeted for Fluoridation, https://www.researchgate.net/publication/321743560_Kununurra_targeted_for_Fluoridation_using_industrial_waste (containing the full transcript of the November 2017 meeting)
- Link to uncut video of the Nov 2017 Kununurra meeting (4 segments) <https://www.youtube.com/playlist?list=PLEtFxy6tKjWKATcn8fdmNVQ-jwIWIxk>

Fluoride is not only pointless, it's a health risk

Two Canadian doctors who have studied the fluoridation literature express some of their concerns about the scheme. While Canada is more advanced than Australia in removing fluoridation, the parallels are revealing.

by Robert C. Dickson, MD and Hardy Limeback, PhD, DDS

There are concerns about fluoride's effect on IQ. And the cost of fluoridation far exceeds its claimed benefit.

The fluoridation debate is still very much alive in Calgary, where pro-fluoridation advocates have had a field day, citing claims that seemingly support their position. Many of those claims are either misleading or completely incorrect.

A recent letter in the Calgary Herald signed by 22 dentists, doctors, academics and periodontists claimed, "more than 3,000 peer-reviewed studies demonstrate that fluoridation is effective and support its safety."

In fact, not a single properly conducted drug trial (randomized, double-blinded) has ever been conducted on fluoridation. The globally respected Cochrane Collaboration found a meagre 19 valid non-randomized studies, all with weaker designs. Only three of those were conducted since 1975.

The letter also claimed "fluoride is 26 to 44 per cent effective in reducing cavities." This is based on old, weak science. At most, the benefit from fluoridation is perhaps one filling saved per person over 40 years.

Calgary city council decided in 2011 to eliminate fluoridation, a decision that was supported by four previous plebiscites.

The move is both a cost-saver and good for children. It would cost Calgarians at least \$50 million to fluoridate for 40 years. That's about \$450 in taxes per filling, much more than the cost of a filling. And worse, many children will end up with dental fluorosis (in the U.S., where fluoridation is common, fluorosis in teens has skyrocketed to 58 per cent), a problem that local dentists state can run into the tens of thousands of dollars. Thus, the cost of fluoridation far exceeds its claimed benefit.

... continued →

Fluoridation advocates also claimed fluoride occurs naturally in Calgary water at concentrations of 0.1 to 0.4 parts per million (ppm), and that fluoridation merely entails topping it up to 0.7 ppm. If Calgary's water supply already contains up to 0.4 ppm naturally, then 'topping it up to 0.7 ppm' will do little to prevent cavities, especially when there are so many other proven sources of fluoride, such as toothpaste, dental treatments and inexpensive prescriptions.

These claims are based on research led by Dr. Lindsay McLaren, published in February 2016. But that research was unable to show an effect of fluoridation cessation after 2011 in [Calgary](#).³ The study itself noted it had many limitations.

Why, then, do some dentists and orthodontists in Calgary claim that things are much worse since fluoridation was discontinued? Such a claim is anecdotal and unscientific, and not all dentists agree with it. Policy should be made not on claims but on properly conducted clinical study.

There are also concerns about fluoride's effect on IQ.

A study published on Sept. 19, 2017, and funded by the National Institutes of Health, showed pregnant mothers in Mexico, with fluoride consumption at similar levels as pregnant mothers when Calgary was fluoridated, had offspring with significantly lowered IQ. This carefully controlled [study](#)⁴ raises serious questions about the safety of fluoridation for infants.

Dentists in Alberta – who are not toxicologists – continue to push for fluoridation when nearly all communities in B.C., Quebec and Europe have eliminated the practice. Perhaps citizens and professionals in those jurisdictions know something Calgary dentists don't.

In fact, more than 4,000 professionals worldwide have publicly called for an end to fluoridation.

Well-intentioned fluoridation proponents say they're helping children and the poor. Ironically, and sadly, it's infants, kids, the underprivileged, the chronically ill, elderly and people of colour who are most susceptible to harm from fluoridation.

Medical science has frequently made errors. Medical and dental associations have endorsed smoking, asbestos, lead, BPA, mercury, thalidomide, Vioxx and many others. Just as they were wrong then, they're wrong again.

Fluoride, after all, is not necessary for any body function, unlike calcium, vitamins B and D, or iodine, which are essential to health, or chlorination, which kills organisms before they reach our bodies.

Let's roll up our sleeves and create the equivalent of Scotland's [Child Smile](#)⁵ program, which has shown spectacular results since 2001 in improving dental health and overall health for their children.

Together we can make a major impact on the well-being of our children without medicating our water.

About the Authors: *Robert C. Dickson, MD, CCFP, FCFP, is a community physician in Calgary and is the founder of Safe Water Calgary (www.safewatercalgary.com). Hardy Limeback, PhD, DDS, is the recently retired head of preventive dentistry at the University of Toronto.*

References:

1. Article: <http://troymedia.com/2018/01/28/fluoride-pointless-health-risk/>
2. Also published: 29 January 2018, [The Bulletin, Journal of Downtown Toronto](#), <https://thebulletin.ca/fluoride-hazard/>
3. <https://www.ncbi.nlm.nih.gov/pubmed/28994462>
4. <https://www.utoronto.ca/news/higher-levels-fluoride-pregnant-woman-linked-lower-intelligence-their-children-u-t-research>
5. <http://www.child-smile.org.uk/>

Brief News

Update: USA Legal Action to ban Fluoridation

A coalition of groups is suing the US EPA for not banning water fluoridation due to its effects on the brain. Two victories have occurred so far. On the 21st December 2017, the Judge denied EPA's motion to dismiss the case. On the 7th February, the court ruled against the EPA's motion to limit the scope of the court's review to what was originally presented. The case continues. See [fluoridealert.org](#) or [chemicalwatch.com](#) (8 Feb).

Dandenongs & Yarra Ranges (VIC) to be F'd in 2018

From September, the [Kallista pumping station](#) (YVW) will add fluoride to the water, in parts of Kallista, Macclesfield, Menzies Creek, Monbulk, The Patch, Avonsleigh, Clematis, Cockatoo, Emerald and Gembrook. The works are scheduled for April to July. Get filters, get educated and get involved.

Port Macquarie (NSW) continues to question policy

After many years of keeping the industrial fluoridators away, Port Macquarie was fluoridated in 2012. The way fluoride is dosed in the area is a risky affair and locals remain committed to removing the toxic waste from their water supply. Water is pumped from the Hastings River, fluoridated and then stored in connected earth dams exposed to sunlight. As Dr Geoff Pain says in "[Fluoridation of Port Macquarie Hastings District](#)":

"No environmental impact assessment was performed before the project despite the presence of threatened, vulnerable and endangered wildlife in the catchment area. Risks to public health from organic molecules containing Fluorine manufactured by bacteria and algae appear never to have been considered."

Prestigious journal *Nature* links Fluoride & Thyroid

Nature has published (8 Feb) how fluoridated drinking water affects thyroid hormones. The higher the fluoride concentration, the higher the TSH (and greater impairment of thyroid function, or hypothyroidism) for both the study and control groups. Even adding Iodine to salt 27 years ago has not helped. Water filters are recommended for patients with hypothyroidism. See: nature.com/articles/s41598-018-20696-4.

Quote: G. Edward Griffin:

'The average person has to stop being average.'

Fluoride Petitions for States & Commonwealth

See www.healthymoneyvine.com/fluoridated-water.html to download the petition(s) and further information, and please return them to arrive before the end of March 2018.

Subscriptions: *The Australian Fluoridation News*

\$20 per annum posted Australia. Send a cheque or money order to the Australian Anti-Fluoridation Association, GPO Box 935, Melbourne VIC 3001
Please Note: There was no fourth edition in 2017

DISCLAIMER The articles in this publication are for educational purposes only and do not necessarily reflect the opinions of the editors or publisher. We do not endorse any treatments, medical or otherwise, and encourage our readers to continue with their own research and consult health professional(s) if they are ill.

ALL RIGHTS RESERVED Authorisation to mechanically or electronically copy the contents of this publication is granted by the publisher to approved persons and organisations, provided acknowledgement is given to the author and publisher.